



## *Introduction to Thai Acupressure for Neck and Shoulders*

*With Guest Instructor, Noam Tyroler*

*Head of the Department for Thai Massage and Acupressure,  
Reidman International College, Tel Aviv, Israel*

**March 31-April 1, 2012 8am-5pm**

Tuition- \$320 (\$280 if registered prior to February 15, 2012)

Qualifies for 16 Category B hours with NCBTMB &

16 hours with the Alabama Board of Physical Therapy

Traditional Thai Massage combines acupressure work of therapy lines and assisted yoga postures. Most Thai Massage workshops stress the stretching aspects and energy work of this healing art, but rarely deal with specific pressure points in the Thai medicine system that correspond to a vast array of physical disorders. In this intensive workshop you will learn:

- ways to integrate Thai acupressure into your own personal and professional practice;
- how to use Noam Tyroler's step-by-step guide to Thai Acupressure as a reference tool; and
- how to execute Thai point routines for the treatment of neck and shoulder disorders.

This course is appropriate for anyone with some basic familiarity with human anatomy and with a desire to help clients, friends, and family through touch. Others who have benefitted from this course are those practicing in the fields of physical therapy, chiropractic, personal training, yoga, massage therapy, Pilates, physiotherapy, acupuncture, and Rolfing, etc. No previous experience in Thai Massage or acupressure is required.

### *About the Instructor*



Noam Tyroler has been practicing Thai massage and Thai acupressure since 1989. He is head of the Department for Thai Massage and Acupressure at the Reidman International College in Tel Aviv, Israel – one of the largest schools of complementary medicine in the world. Author of [Thai Acupressure for Orthopedic Disorders](#), Noam Tyroler travels worldwide to share his knowledge of traditional Thai Acupressure as taught by the Wat Po School, Bangkok. Learn more about Noam Tyroler and his work at his website [www.thaiacu.com](http://www.thaiacu.com).

To ask questions or express interest in attending, please email Kate Tremblay at [kate@heartwoodyoga.com](mailto:kate@heartwoodyoga.com).